

5-10-15 Swing!

Phrased, 4 Wall, Int/Adv, ECS

Choreographer: Scott Blevins (USA) June 2011

Choreographed to: 5-10-15 Hours by Blue Harlem

Feat. Imelda May

Sequence: 16-count intro, AB AB AAA B. Start dancing on lyrics

PART A

- Open body slightly to left diagonal
- 1-4 Step right forward (bend both knees and swing hips right), swing hips left, swing hips right, swing hips left (weight to left). Square up to 12:00 wall and straighten knees
- 5-6 Step right back, hold
- 7a8 Chasse back left, right, left
- 1-2 Turn ½ right and step right forward (6:00), turn ½ right and hitch right left knee (left foot is to side of right knee in "Figure 4" position) (12:00)
- 3-4-5 Rock left to side, recover to right, cross left over right
- 6-7-8 Rock right to side, recover to left, cross right over left
- 1& 2Chassé side left, right, left
- 3-4 Cross/rock right over left, recover to left
- 5&6 Chassé side right, left, right
- 7-8 Cross/rock left over right, recover to right
The side steps with hands are strong poses
- 1-2 Step left to side (hands to sides at waist level with palms down), hold
- 3-4 Turn ¼ left and step right forward (9:00), turn ¾ left (weight to left) (legs are crossed) (12:00)
- 5-6 Step right to side (hands to sides at waist level with palms down), hold
- 7-8 Turn ¼ right and step left forward (3:00), turn ½ right (weight to right) (9:00)
- 1-4 Step left forward, cross right over left, turn ¼ right and step left back (12:00), turn ¼ right and step right forward (3:00)
- 5&6 Chassé forward left, right, left
- 7-8 Rock right forward, recover to left
- 1&2 Chassé back turning ½ right stepping right, left, right (9:00)
- 3-4 Step left forward, turn ½ right (weight to right) (3:00)
- 5-8 Step left forward, hold, turn ½ left and step right back (9:00), turn ½ left and step left forward (3:00)

PART B

- 1-4 Step right forward, turn ¼ right and step left to side (6:00), hold, turn ¼ right and step right forward (9:00)
- 5-8 Turn ¼ right and step left to side (12:00), hold, cross/rock right over left, recover to left
- 1-2 Turn ¼ right and step right forward (3:00), hold
- 3&4 Chassé forward turning ½ right stepping left, right, left (9:00)
- 5-6 Rock right back, recover to left
- 7-8 Step right forward, (lift right hip), step left forward (lift left hip) ("boogie walk")
- 1-2-3 Step right forward (toe turned out), turn ¼ right and step left slightly side (hips left, keep knees straight/locked) (12:00), hold
- 4-5-6 Bump hips left (knees straight/locked), push hips left (knees straight/locked), hold
- 7-8 Cross/rock right over left, recover to left
- 1-2 Turn ¼ right and step right forward (3:00), turn ¼ right and step left to side (6:00)
- 3&4 Cross right behind left, turn ¼ left and step left slightly forward (3:00), turn ¼ left and step right to side (12:00)
- 5&6 Left sailor step
- 7&8 Right sailor step
- a1 Hitch left knee, cross/kick left over right (low and sharp)
- a2a Hitch left knee (sharply), kick left to side (low and sharp), hitch left knee (sharply)
- 3&4 Left sailor step
- 5&6-7-8 Cross right behind left, turn ¼ left and step left forward (9:00), step right forward
- 7-8 Turn ½ left (weight to left) (3:00), turn ¼ left and step right to side (12:00)
- 1-2 Cross/rock left over right, recover to right
- &3-4 Step left to side, cross/rock right over left, recover to left
- &5-6 Turn ¼ right and step right forward (3:00), rock left forward, recover to right
- 7&8 Step left back, step right together, step left forward
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ENDING: Part B counts 45-48 are modified for a big finish.

During the final rotation, the dance ends with Part B, and the last few counts are modified to give you a nice ending to face your front wall

5-6 Rock left forward, recover to right

7 Turn ¼ left and big step left to side (12:00)

Drag right toward left with arms out to sides