

Follow My Footprints 48 Count, 2 Wall, Intermediate (NC2S) Choreographer: Gary O'Reilly (IE) Feb 2018 Choreographed to: Footprints by Molly Kate Krestner

Track: 4mins 14secs

8 count intro starting on the lyrics

Section 1:	R Crossing/Fwd Rock, ½ R, L Fwd Rock, L Back, R Side 1/8, L Cross with R hitch, Step/Press Right, Rhonde Hitch R, R Behind, L Side
12&	Rock forward on right over left towards left diagonal [10:30] (1), recover on left (2), $\frac{1}{2}$ turn right stepping forward on right (&) [4:30]
3&	Rock forward on left (3), recover on right (&)
4 & 5	Step back on left (4), 1/8 turn right stepping right to right side (&), cross left over right hitching right up around from back to front (5) [6:00]
67	Cross step/press right over left "stepping into the shoe" (6), recover on left ronde hitching right up and around from front to back (7)
8 &	Cross right behind left (8), step left to left side (&)
Section 2:	R Cross Rock, R Side, Weave: L Cross, R Side, L Behind, R Side, L Cross/Hitch ¼ L, Walk Forward RL, Full Turn L
12&	Cross rock right over left (1), recover onto left (2), step right to right side (&)
3&4&	Cross left over right (3), step right to right side (&), cross left behind right (4), step right to right side (&)
5	Cross left over right while hitching right around from back to front making a ¼ turn left on ball of left (5) [3:00]
67	Walk forward on right (slightly crossed) (6), walk forward on left (slightly crossed) (7)
8 &	1/2 turn left stepping back on right (8), 1/2 turn left stepping forward on left (&) [3:00]
Section 3:	R Side, Run-Run Back LR, ¼ L, Run Fwd R, Cross L, ¼ L, ¼ L Side, R Cross, Point L, L Behind, R Side
1	Step right to right side (1)
2&3	"Run" small step back on left (2), "run" small step back on right (&), 1/4 turn left stepping left to left side (3) [12:00]
4 & 5	"Run" small step forward on right (4), step forward on left slightly crossing over right (&), 1/4 turn left stepping slightly back on right (5) [9:00]
6 & 7	¹ / ₄ turn left stepping left to left side (6), cross right over left (&), point left to left side (7) [6:00]
8&	Cross left behind right (8), step right to right side (&)
Section 4:	L Cross sweeping R, R Cross, ¼ R, R Back Rock, ½ L, L Back Rock, Full Turn R sweeping L, L Cross, R Side, L Behind sweeping R
12&	Cross left over right sweeping right around from back to front (1), cross right over left (2), 1/4 turn right stepping back on left (&) [9:00]
34&	Rock back on right (3), recover on left (4), ¹ / ₂ turn left stepping back on right (&) [3:00]
56	Rock back on left (5), recover on right (6)
& 7	$\frac{1}{2}$ turn right stepping back on left (&), $\frac{1}{2}$ turn right stepping forward on right sweeping left around from back to front (7) [3:00]
8 & 1	Cross left over right (8), step right to right side (&), cross left behind right sweeping right around from front to back (1)
Section 5: 2 & 3	R Behind, L Side, R Cross, L Scissor Cross, R Side, L Behind, R Side, L Cross Rock Cross right behind left (2), step left to left side (&), cross right over left (3) **** Restart/Step Change during wall 5 facing [12:00]
& 4 & 5	Step/Rock left to left side (&), recover stepping right next to left (4), cross left over right (&) Step right long step to right side (5)
6&	Cross left behind right (6), step right to right side (&)
78&	Cross rock left over right opening body to right diagonal [4:30] (7), recover on right (8), step left slightly to left side (&) [3:00]
	*** Restart during WALL 4 facing [12:00]

Section 6: Walk R, Run-Run LR, Walk L Run-Run RL [making ³/₄ turn L], R Cross Rock & L Cross Rock & 1 1/8 turn over left walking forward on right toward diagonal (1) [1:30] 1/8 turn over left "run" forward on left [12:00] (2), 1/8 turn over left "run" forward on right (&) [10:30] 2& 3 1/8 turn over left walking forward on left (3) [9:00] 4 & 1/8 turn over left "run" forward on Right [7:30] (4), 1/8 turn over left "run" forward on Left (&) [6:00] counts "1-4&" creates a semi-circle Note: ** Restart during WALL 2 facing [12:00] Cross rock right over left (5), recover on left (6), step right slightly to right side opening body to 56&. right diagonal (&) [7:30] Cross rock left over right (5), recover on right (6), step left slightly to left side opening body to 78& left diagonal (&) [4:30]

* Tag at the end of WALL 1 [Back]

Tag: Walk R, Walk L

1 2 Walk forward on right toward diagonal [4:30] (1), walk forward on left toward diagonal [4:30] (2)

Then RESTART from the beginning of the dance

** Restart during WALL 2 facing [Front] dance up-to count "4&" of 'Section 6' and Restart the dance from the beginning.

*** Restart during WALL 4 facing [Front] dance to the end of 'Section 5', you will be cross rocking left over right towards [10.30], continue through the cross rock/recover and replace weight onto left stepping next to right, ending Section 5 on the diagonal [10.30], restarting the dance here at the front.

**** Restart/Step Change during WALL 5 facing [Front] dance up-to count "2" of section 5 and replace the next 2 counts with the following:

R Behind, L Side, R Cross, L Scissor Cross, R Side, L Behind, R Side, L Cross Rock

2 & 3Cross right behind left (2), ¹/₄ turn left stepping slightly forward on left (&), touch right next to left (3) [12:00]

4HOLD (4) and Restart the dance from the beginning.

ENDING, at the end of WALL 6 [Back] – REPEAT THE "TAG" TO FINISH THE DANCE facing [4:30] then, Step R Pivot 3/8 turn over left to finish at the [Front]

I hope you enjoy this beautiful piece of music & BIG THANK YOU to my friend Avril Burke for sending me the track x

Last Update - 4th March 2018

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