

Grease Is The Word

32 Count, 4 Wall, Beginner

Choreographer: Ross Brown (UK) Jan 2014

Choreographed to: Grease by Dab feat. Sushy. CD: Olympic Games Compilation or Grease (2:45 - 128 bpm)

Intro: 8 Counts (Approx. 4 Secs)

SIDE ROCK. BEHIND, SIDE, CROSS. X2.

- 1 – 2 Rock right to the right, recover onto left.
- 3 & 4 Cross step right behind left, step left to the left, cross step right over left.
- 5 – 6 Rock left to the left, recover onto right.
- 7 & 8 Cross step left behind right, step right to the right, cross step left over right. (12:00)

DIAGONAL SHUFFLES; RIGHT, LEFT. WALK AROUND 3/4 TURN L.

- 1 & 2 [Towards 1:30] Step forward with right, close left up to right, step forward with right.
- 3 & 4 [Towards 10:30] Step forward with left, close right up to left, step forward with left.
- 5 – 8 Make a ¾ turn left walking around; right, left, right, left. (3:00)

ROCK FORWARD. SHUFFLE BACK. ROCK BACK. WALK FORWARD.

- 1 – 2 Rock forward with right, recover onto left.
- 3 & 4 Step back with right, close left up to right, step back with right.
- 5 – 6 Rock back with left, recover onto right.
- 7 – 8 Walk forward; left, right. (3:00)

SIDE, TAP HEEL. X2. BALL, JAZZ BOX with CROSS.

- 1 – 2 Step left to the left (with a slight dip), tap right heel forward to right diagonal.
- 3 – 4 Step right to the right (with a slight dip), tap left heel forward to left diagonal.
- & Step left next to right.
- 5 – 8 Cross step right over left, step back with left, step right to the right, cross step left over right. (3:00)