

Helele

64 Count, 2 Wall, Intermediate

Choreographer: Alison & Peter (U) September 2012

Choreographed to: Helele by Helele, Album: Mr Saxobeat, Summer Dance Hits (127bpm – 3mins 7 secs Amazon)

Start 32 counts after beat kicks in approx. 17 seconds in –

1-8 R heel grind, R coaster, L fwd, R forward with L spiral turn, L fwd shuffle

- 1-2 Touching R heel forward grind heel from left to right keeping weight on left
3&4 Step R back, step L together, step R forward
5-6 Step L forward (extended 5th), step R forward with L full spiral
Non-turning option for counts 5-6: Walk forward L/R (12 o'clock)
7&8 Step L forward, step R together, step L forward

9-16 R heel fwd, R together, L touch together, L kick-together-point, R together, L point, L behind-side-cross, ¼ L & R back

- 1&2 Touch R heel forward, step R together, touch L together
3&4 Kick L forward, step L together, point R side
&5 Step R together, point L side
6&7 Cross step L behind R, step R side, cross step L over R
8 Turning ¼ left step R back (9 o'clock)

17-24 ¼ L & L side, R together, L fwd shuffle, R fwd rock/recover, R coaster

- 1-2 Turning ¼ left step L side, step R together (6 o'clock)
3&4 Step L forward, step R together, step L forward
5-6 Rock R forward, recover weight on L
7&8 Step R back, step L together, step R forward

25-32 L heel fwd, L together, R touch together, R kick-together-point, L together, R point, R behind-side-cross, L side

- 1&2 Touch L heel forward, step L together, touch R together
3&4 Kick R forward, step R together, point L side
&5 Step L together, point R side
6&7-8 Cross step R behind L, step L side, cross step R over L, step L side

33-40 R kick ball cross, full turn L, L kick ball cross, step L to L side

- 1&2 Kick R forward, step R back, cross step L over R
3-5 Turning ¼ left step R back, turning ½ left step L forward, turning ¼ left step R side
Non-turning option for counts 3-5: R side, L behind, R side (6 o'clock)
6&7-8 Kick L forward, step L back, cross step R over L, step L side

RESTARTS: During walls 3 & 5: dance up to count 40 and restart the dance facing back wall.**41-48 R back rock/recover, R side shuffle, L back rock/recover, L shuffle fwd**

- 1-2 Rock R back, recover weight on L
3&4 Step R side, step L together, step R side
5-6 Rock L back, recover weight on R
7&8 Step L forward, step R together, step L forward

49-56 ¼ R jazz box cross, Vine 4 with ½ R & ARMS

- 1-4 Cross R over L, turning ¼ right step L back, step R side, cross step L over R (9 o'clock)
5-8 Step R side, cross step L behind R (dip), turning ¼ right step R forward, turning ¼ R step L side (3 o'clock)
ARMS Counts 5-8: Arms chest level prayer position, open arms upwards palms up, arms back to prayer position, open arms upwards palms up

57-64 Vine 2 with ¼ L & ARMS, R fwd shuffle, L fwd rock/recover, L touch back, unwind ½ L

- 1-2 Cross step R behind L (dip), turning ¼ left step L forward (12 o'clock)
ARMS Counts 1-2: Chest level prayer position, arms upwards palms up
3&4 Step R forward, step L together, step R forward
5-8 Rock L forward, recover weight on R, touch L back, unwind ½ left with weight on L (6 o'clock)

TAGS: At end of walls 1 (back wall) & 4 (front wall)

- 1-4 Stomp R forward, hold (double clap), stomp L forward, hold (double clap)
5-8 Rock R forward, recover weight on L, rock R back, recover weight on L
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