

# Simply The One

**Count:** 32    **Wall:** 4    **Level:** Intermediate

**Choreographer:** Maggie Gallagher (March 2015)

**Music:** The One by Kodialine (Amazon)

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## Intro: 16 counts (11 secs)

### **S1: ROCK BACK ½, ROCK BACK ½, ½ R, WALK L, TRIPLE FULL TURN**

- 1&2            Rock back on right, Recover on left, ½ left stepping back on right [6:00]  
3&4            Rock back on left, Recover on right, ½ right stepping back on left [12:00]  
5-6            ½ right stepping forward on right, Walk forward on left [6:00]  
7&8            Triple full turn to left stepping right left right

### **S2: & WALK R, ¼ SIDE ROCK, CROSS SIDE BEHIND SIDE, CROSS ROCK SIDE, CROSS ROCK SIDE**

- &1-2&            Step left next to right, Walk forward on right, ¼ right rocking left to left side, Recover on right [9:00]  
3&4&            Cross left over right, Step right to right side, Cross left behind right, Step right to right side  
5-6&            Cross rock left over right, Recover on right, Step left to left side  
7-8&            Cross rock right over left, Recover on left, Step right to right side

### **S3: CROSS UNWIND SWEEP, BEHIND SIDE CROSS SIDE, DRAG, BACK ROCK, DRAG, BACK ROCK**

- 1-2            Cross left over right, Unwind full turn right sweeping the right toe behind the left  
3&4&            Cross right behind left, Step left to left side, Cross right over left, Step left to left side  
\*Restart Wall 4  
5-6&            Take a big step to right side dragging left to meet right, Cross rock left behind right, Recover on right  
7-8&            Take a big step to left side dragging right to meet left, Cross rock right behind left, Recover on left

### **S4: FWD TOUCH, BACK TOUCH, R COASTER, L MAMBO ½, STEP ½, FWD ROCK**

- 1&2&            On slight right diagonal step forward on right, Touch left next to right, Step back on left, Touch right next to left  
3&4            Step back on right, Step left next to right, Step forward on right  
5&6            Rock forward on left, Recover on right, ½ left stepping forward on left [3:00]  
7&8&            Step forward on right, ½ pivot left, Rock forward on right, Recover on left [9.00]

## **RESTART: Wall 4 after 20& counts [12:00]**

### **TAG 1: End of Wall 6 (facing 6:00)**

- 1-2            Sway right, Sway left  
3-4            Sway right, Sway left  
5&6            Cross rock right behind left, Recover on left, Step right to right side

7&8

Cross rock left behind right, Recover on right, Step left to left side

**TAG 2: End of Wall 7 (facing 3:00)**

1-2 Sway right, Sway left

3-4 Sway right, Sway left

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