



Web site: [www.linedancerweb.com](http://www.linedancerweb.com)

E-mail: [admin@linedancerweb.com](mailto:admin@linedancerweb.com)

## Tangled Up

64 Count, 4 Wall, Advanced

Choreographer: Rob Fowler (UK) Feb 2016

Choreographed to: Tangled Up by Thomas Rhett.

CD: Tangled Up

---

**Count in 24 (approx. 12 secs) – bpm: 116 – 3m 33s**

**Section 1: R Sailor, L Behind, Full Unwind, R Side Rock/Recover, R Cross Shuffle**

1&2 Cross step R behind L, step L to L side, step R to R side  
3,4 Cross step L behind R, unwind full turn L (keep weight on L)  
5,6 Rock R to R side, recover weight on L  
7&8 Cross step R over L, step L to L side, cross step R over L (12 o'clock)

**Section 2: L Diagonal Rock/Recover, L Behind, Side R, Cross L, Up/Down Hip Bumps, Ball Cross**

1,2 Rock diagonally fwd L on L, recover weight on R  
3&4 Cross step L behind R, step R to R side, cross step L over R  
5,6,7 Step R to R side and bump R hip up, bump R hip down, bump R hip up (weight on R)  
&8 Step L next to R, cross step R over L (12 o'clock)

**Section 3: Back L, Side R, Cross L, R Hitch & Kicks, Diagonal Back R, Diagonal Back L, R Coaster**

1,2,3 Step back L, step R to R side, cross step L over R towards diagonal (1 o'clock)  
&4 Hitch R and kick foot out to R side, kick foot back in towards L  
5,6 Staying on diagonal step back R, step back L  
7&8 Step back R, step L next to R, step fwd R (1 o'clock)

**Section 4: Diagonally Fwd L, Diagonally Fwd R, L Mambo 3/8 Turn L, R Kick & Point, L Kick & Point**

1,2 Staying on diagonal step fwd L, step fwd R (1 o'clock)  
3&4 Rock fwd L, recover weight on R, make a 3/8 turn L stepping fwd L (to straighten up to 9 o'clock)  
5&6 Kick R fwd, step R next to L, point L to L side  
7&8 Kick L fwd, step L next to R, point R to R side (9 o'clock)  
**\*\*TAG HERE DURING WALL 2 THEN RESTART (facing 6 o'clock)**

**Section 5: R Sailor, L Sailor, R Rock/Recover, 1½ Turns R**

1&2 Cross step R behind L, step L to L side, step R to R side  
3&4 Cross step L behind R, step R to R side, step L to L side  
5,6 Rock fwd R, recover weight on L  
7&8 Make ½ turn R stepping fwd R, make another ½ turn R stepping back L, make another ½ turn R stepping fwd R (3 o'clock)

**Section 6: L Rock/Recover, Step L, R Heel, Hold, Step R, L Rock/Recover, ¾ Turn Shuffle L**

1,2 Rock fwd L, recover weight on R  
&3,4 Step L next to R, touch R heel fwd, hold  
&5,6 Step R next to L, rock fwd L, recover weight on R  
7&8 Make ½ turn L stepping fwd L, step R next to L, make ¼ turn L stepping fwd L (6 o'clock)

**Section 7: Long Step Side R, Hold, Ball Cross, Side L, R Behind, Full Unwind, L Side Rock/Recover**

1,2 Long step R to R side, hold  
&3,4 Step L next to R, cross step R over L, step L to L side  
5,6 Cross step R behind L, unwind full turn R (keep weight on R)  
7,8 Rock L to L side, recover weight on R (6 o'clock)

**Section 8: L Heel Jack, R Heel Jack, Step R, Cross L, Side R, L Behind, ¼ Turn R, Step Fwd L**

1&2& Cross step L over R, step R to R side, touch L heel diagonally fwd L, step L next to R  
3&4& Cross step R over L, step L to L side, touch R heel diagonally fwd R, step R next to L  
5,6 Cross step L over R, step R to R side  
7&8 Cross step L behind R, make ¼ turn R stepping fwd R, step fwd L (9 o'clock)

**START AGAIN**

**\*\*TAG: During Wall 2, dance up to and including Section 4, count 8, add the following Tag, then RESTART (facing 6 o'clock)**

**Section 1: R Jazz Box, Rolling Vine R**

1-4 Cross step R over L, step back L, step R to R side, step L next to R  
5-8 Make ¼ turn R stepping fwd R, make a ½ turn R stepping back L, make ¼ turn R stepping R to R side, touch L next to R and clap

---

---

**Section 2:**

**Rolling Vine L, Rolling Vine R**

1-4

Make ¼ turn L stepping fwd L, make a ½ turn L stepping back R, make ¼ turn L stepping L to L side, touch R next to L and clap

5-8

Make ¼ turn R stepping fwd R, make a ½ turn R stepping back L, make ¼ turn R stepping R to R side, step L next to R and clap

**Section 3:**

**Bump Hips R, Bump Hips L**

1,2

Bump hips R, bump hips

---

Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA  
Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768<sup>charged at 10p per minute</sup>